



(Affiliated to Athletics Association of Ireland)

Doping in Sport

an Important Information Evening with

Dr Una May

Director - Anti-Doping Unit - Irish Sports Council

We are delighted to invite you to an informative presentation about doping in sport. This event will be delivered by Dr Una May, Director, Anti-Doping Unit, ISC.

Dr May is the one of the Ireland's leading authorities on doping in sport and heads the Anti-Doping Unit for the Irish Sports Council.

We will learn about what doping is,
who are the ISC and WADA?

How are athletes selected for testing? How is a test conducted?

What are the athletes rights? What happens afterwards?

What is supplementation? What are the dangers of supplementation?

This evening is **strongly recommended** for all:

- Athletes aged 15 and up.
- All Junior, Senior & Master Athletes.
- All Coaches and Mentors.
- All Parents and Guardians.

When: 8.30pm on Thursday the 25th of February.

Where: Sports hall of the NKET school.

Duration: 1 hour.

The club urges you to attend this event. It is a wonderful opportunity to learn about drugs in sport. If you have any queries regarding this event please call Kieron Stout at 086 250134.

We would like to thank Dr May for her support and interest in helping us learn more about doping.

We would also like to thank Rita Galvin, Principal of NKETS for her continued support of Celbridge AC and the provision of the school sports hall for training throughout the winter months.